Basal tears: lubricate the eye, and help to keep it clear of dust.

Reflex tears: attempt to wash out irritants that may have come into contact with the eye

<u>Crying\Weeping tears</u>: increased discharge (of tears) due to strong emotional stress, anger, suffering, mourning, or physical pain. Tears brought about by emotions have a different chemical make-up than those for lubrication

Tear is almost 1% salt.

Man is the only created being who can laugh, and he is the only one who can shed tears in the sense of expressing emotions.

# **Tears Of Salt**

### Rescue The Perishing,

Care for the dying,

Snatch them in pity from sin and the grave;

Weep o'er the erring one,

Lift up the fallen,

Tell them of Jesus the mighty to save.

Down in the human heart,

Crushed by the tempter,

Feelings lie buried that grace can restore;

Touched by a loving heart,

Wakened by kindness,

Chords that are broken will vibrate once more.

### John 11:35

35 Jesus wept.

Wept=dakru, dakruon: tears

Tears are the outward display of a heart softened to the point that we can weep over the misfortune of others.

# **Because God Comforts Us We Can Comfort Others**

# II Corinthians 1: 3,4

3 Blessed *be* God, even the Father of our Lord Jesus Christ, the Father of mercies, and the God of all comfort;

4 Who comforteth us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God.

# We Are The Salt Of The Earth

### Matthew 5:13

13 Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men.

## Mark 9:50

50 Salt *is* good: but if the salt have lost his saltness, wherewith will ye season it? Have salt in yourselves, and have peace one with another.

# **Tears Salted With Compassion**

### I John 3:17

17 But whoso hath this world's good, and seeth his brother have need, and shutteth up his bowels *of compassion* from him, how dwelleth the love of God in him?

### Job 30:25

25 Did not I weep for him that was in trouble? was not my soul grieved for the poor?

Poor=helpless

# **Tears Salted With Forgiveness**

### **Ephesians 4:32**

32 And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

## Genesis 45:5, 15

5 Now therefore be not grieved, nor angry with yourselves, that ye sold me hither: for God did send me before you to preserve life.

15 Moreover he kissed all his brethren, and wept upon them: and after that his brethren talked with him.

### **Tears Salted With Sorrow**

## Matthew 26:75

75 And Peter remembered the word of Jesus, which said unto him, Before the cock crow, thou shalt deny me thrice. And he went out, and wept bitterly.

### **God Knows Our Tears**

### **Psalms 56:8**

8 Thou tellest my wanderings: put thou my tears into thy bottle: *are they* not in thy book?

In Bible lands and other middle eastern countries there was a tradition that when someone died, tears of those present were collected and placed in a bottle. This bottle was considered sacred for it represented all the sorrow of the family and was buried with the deceased.

## II Kings 20:5

5 Turn again, and tell Hezekiah the captain of my people, Thus saith the LORD, the God of David thy father, I have heard thy prayer, I have seen thy tears: behold, I will heal thee: on the third day thou shalt go up unto the house of the LORD.

The soul would have no rainbow had the eyes no tears John Vance Cheney

The Christian life is not a constant high. I have my moments of deep discouragement. I have to go to God in prayer with tears in my eyes, and say, 'O God, forgive me,' or 'Help me.' Billy Graham

There is a sacredness in tears. They are not the mark of weakness, but of power. They speak more eloquently than ten thousand tongues. They are the messengers of overwhelming grief, of deep contrition, and of unspeakable love. *Washington Irving* 

## **Romans 12:15**

15 Rejoice with them that do rejoice, and weep with them that weep.

'May we Christians find the strength to weep.'

## John 11:35

35 Jesus wept.